

# Kansas City Ambulatory Surgical Center

## Preparing For your Surgical Procedure

Surgery Date: \_\_\_\_\_

Surgery Time: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

(Please bring your photo ID)

## Pre- Surgery

Your surgeon has scheduled your surgery at Kansas City Ambulatory Surgical Center, located at 3710 W. 135<sup>th</sup> St. Leawood, KS 66224.

A nurse from Kansas City Surgical Center will call you before your surgery to review your health and medication history information. Be prepared to provide a complete list of your medications. The pre-surgery clinic phone number is 913-353-9123.

## Billing

- Patients will be required to pay for services by cashier's check, money order, care credit or credit card two weeks prior to surgery. There is a standard credit card processing fee of 3.5% added to the total when paying by credit card.
- Visa, Mastercard, Discover, American Express and Care Credit are accepted.
- All balances due are the patient's responsibility.
- In the event of any overpayment, we will promptly refund the amount.

## Testing

- Some surgeries require testing before your procedure. A nurse will determine what is needed based on the preferences of your surgeon and anesthesia provider. Common tests needed include lab work and an ECG. Please let us know if your primary care physician has ordered recent testing. Or if you have experienced any health changes recently.

## Pre- Surgery Instructions

- A nurse will instruct you when to stop eating and drinking and which medications to take the morning of surgery. Inhalers and insulin should be brought with you to the Surgery Center.
- Bathe or shower the morning of surgery with an antibacterial soap. Do not apply any lotions, powders, cologne, hairspray or makeup after you shower.

- Wear loose, comfortable, and clean clothing.
- Avoid taking herbs, diet medications or supplements one week before surgery. Notify your surgeon if you are taking any blood thinning medications (including aspirin).
- Leave jewelry and valuables at home. Metal, such as earrings or body piercings should not be worn.
- Contact lenses may need to be removed prior to surgery. Please bring contact solution and case with you. Bring the case for your glasses.
- If you use a C-PAP or Bi-PAP breathing machine, please bring this with you on the day of surgery.
- Remove nail polish.
- Call your surgeon if you develop a cold, fever, or respiratory problem before your surgery.

## Surgery

- A nurse will give an arrival time. Expect to arrive 45 to 90 minutes before the start of surgery.
- If you are running later than 15 minutes past your expected arrival time, please notify us at 913-353-9123.
- A surgical team will prepare you for surgery by starting an IV and completing a physical assessment. An anesthesia provider will visit with you before surgery. You may find that many of the same questions are asked repeatedly. We do this to ensure your safety during surgery.
- Your family and friends will wait in the waiting room.
- After surgery, your surgeon will update your family. You will be moved to post anesthesia care unit (recovery room), where most patients become awake and ready for visitors within 30-45 minutes. You may have one visitor at a time in the recovery area. We will update your family or call for them when you are ready for visitors. Your family can check on your progress at the desk.
- Before you go home, we will review your post-operative instructions with you and your family members. We will give you written instructions to take home.
- You may not drive yourself home after the procedure. Patients must have someone stay with them at home for 12 hours after the procedure.

We strive to make your experience a safe and healthy one. We will call and check on you the day after your procedure and encourage you to provide feedback about your experience at Kansas City Ambulatory Surgical Center.